



Nutritional Physiology Research Centre



VOLUNTEERS NEEDED FOR PULSE STUDY

Researchers at the Nutritional Physiology Research Centre at the University of South Australia are running a 12-week study examining the effects of dietary supplementation with pulses on improving cognitive function and cardiovascular health

We are recruiting overweight (BMI > 25 kg/m²) adults aged 50-80 years of age who consume less than one serve (1/2 cup) of legumes per week

Volunteers will need to attend the Research Centre (Frome Rd, city) on 3 occasions (on 2 consecutive days at the beginning, middle and end of the study) and will be reimbursed for their time and effort

To volunteer or find out more information please call **8302 2809** or email **mark.cutting@unisa.edu.au**.

This study has been approved by the Human Research Ethics Committee of the University of South Australia



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